

Child and Adolescent Behavioral Assessment

Demographic Information

Client Name _____ Medical Record Number _____
Date of Birth _____ Assessment Date: _____ Age: _____ Male/Female _____ Race _____
School _____ Grade _____

Parent(s)/Guardian(s)/Legally Responsible Person(s)

_____ Address _____ City _____ Zip _____ County _____

Home/Cell/Work Numbers _____

Name/Contact number of referral source _____

Other professionals involved (e.g. DJJ, DSS) _____

Primary Care Physician or Practice _____ Tel. # _____

Currently receiving mental health services? YES / NO
If yes, with whom: _____ Type of Service _____
Name Contact Number

Presenting Symptoms/Problems:

Developmental History (Check all that apply):

- No information/unknown
- Prenatal Complications
- Developmental milestones met within normal limits (Crawling, walking, talking)
- Prenatal drug use/abuse/exposure
- Developmental delays (explain) _____

Abuse/Neglect/Trauma History (Check all that apply):

- Denies history
- Physical abuse
- Emotional abuse
- Sexual Abuse
- Neglect
- Perpetrator was identified (relationship to client) _____
- Sexual assault/rape
- Domestic Violence
- Witness to trauma: _____
- Age at time of abuse/trauma: _____

Psychiatric History (Check all that apply):

- Denies history
 Inpatient/hospitalization
 Outpatient treatment
 Residential treatment

(Specify) _____

Psychiatric medication was / was not helpful (list) _____

Current medications: _____

Current Strengths and Needs (Check all that apply within the following 6 domains):

Interpersonal/Social

- Positive Relationship with Caregiver/Parent
 Positive Relationship with siblings
 Other significant person(s) _____
 Positive relationship with peers

Comments: _____

Financial (Rate Caregiver if client is a minor)

- Medicaid/Medicare/Private Insurance
 Stable Income
 Stable Employment
 Needs food assistance
 Needs financial assistance
 Needs financial/budgeting skills

Comments: _____

Environmental/Client lives with:

- Stable housing
 Safe housing
 Safe neighborhood/community
 Biological Parent(s)
 Foster Parent(s)
 Family Member
 Other relatives
 staffed home/facility (level) _____

Comments: _____

Educational/Vocational

- Currently enrolled in school (Type of classroom) _____
 Individualized/Behavioral Education Plan/Special Education _____
 Plan needed/Educational assistance needed _____

Physical Health

- Medical needs
 Dental needs
 Vision needs
 Physical disability
 Cognitive Impairment
 Currently pregnant
 Current medications _____

Medical Provider _____

Physician's name and contact information _____

Comments: _____

Emotional Health/Current Symptoms

• **Suicide/Self harm**

- Suicidal ideation (ex: "I can't take it anymore, I wish I could just disappear")
 Has a plan for suicide
 Suicide attempt in past
 Suicide attempt in recent history (date/description): _____
 Self-Injurious Behaviors (ex: picking and pinching or carving on skin, chronic runaway, poor judgment)
 Other harmful behavior (ex: homicidal ideation) _____

Emotional Health/Current Symptoms, (continued)

• **Psychotic/Dissociative Symptoms (Check and Specify Type)**

- Hallucinations Delusions Paranoia Unusual Speech Unusual Behavior

Other (describe) _____

• **Attention/Behavioral Symptoms**

- Hyperactive Impulsive Physical aggression verbal aggression
 Destruction of property Theft without confronting a victim Theft while confronting a victim
 Serious violation of rules/laws Oppositional/Defiant Disruptive (home or school)
 Other (describe) _____

• **Cognitive Impairment**

- Learning Disability Traumatic Brain Injury Developmental Disability
 Mental Retardation (Circle severity) Mild Moderate Severe/Profound
 Communication Disorder (Speech delay, Impediment, Impairment)
(If available) Full Scale Intelligence Quotient (FSIQ) _____ Date identified: _____
 Other (describe) _____

• **Stress, Anxiety, Trauma**

- Panic attacks Anxiety Phobia (specify) _____
 Compulsive behavior (specify) _____ Obsessive thoughts (Specify) _____
 Flashbacks (Intrusive recollections of past traumatic events) Avoidance Nightmares
 Psychomotor agitation (e.g. pacing, wild gesticulating) Psychomotor retardation (e.g. "sluggish")
 Other (describe) _____

• **Mood and Adjustment**

- Depression (sadness) Euphoria (intense elation) Grandiosity (excessive sense of self-importance)
 Unstable/Inconsistent moods Other _____
 Insomnia Hypersomnia Sleep Disturbance Weight Gain Weight Loss (#lbs: _____)
 Excessive reaction to identifiable stressor: (ex: death of spouse, immigration, victim of assault)

• **Substance Abuse/Use**

- Current substance use History of substance use In recovery Substance abuse treatment needed
Describe choice of substance, frequency and length of use

Current Mental Status of Youth:

Grooming: ___ Well-groomed ___ Disheveled ___ Unkempt ___ Other _____

Dress: ___ Normal ___ Underdressed ___ Bizarre ___ Other _____

Movements: ___ Within normal limits ___ Decreased, slow ___ Restless, fidgety ___ Atypical, peculiar ___ Other _____

Speech: ___ Fluent ___ Coherent ___ Pressured ___ Expansive ___ Decreased ___ Other _____

Attention/Concentration: ___ Focused ___ Easily distracted ___ Inattentive ___ Other _____

Estimated Intellectual Functioning: ___ Above Average ___ Average ___ Below Average

Insight: ___ Good ___ Fair ___ Poor ___ Denies/minimizes ___ Blames others ___ Other _____

Diagnoses (Code and List):

Axis I: _____

Axis II: _____

Axis III: _____

Axis IV: _____

Axis V: (Specify) _____

Areas needing improvement for client (Check all that apply):

(example: social skills, communication skills, behavior management skills)

Recommendations (Check all that apply):

- Individual Therapy
- Group Therapy
- Psychological testing (Reason: _____)
- Psychiatric/Medication Evaluation and possible subsequent Monitoring
- Clinical Assessment/Reassessment of diagnosis –
- Specialized Treatment (Ex: Substance Abuse Counselor, Family Therapy) _____
- Intensive in-home Services
- Other (please specify) _____

Professional Completing Report:

Signature _____ Credentials _____ Date _____

Printed Name